

C.U.SHAH UNIVERSITY WADHWANCITY



Faculty of: Arts & Humanities

Department of: Psychology

Course: Post Graduate Diploma in Counselling Psychology

Semester: 1

Name of Subject: Historical and Professional aspects of counseling

Subject Code: 3AH01HPC1

TEACHING & EVALUATION SCHEME

Subject Code	Name of the Subject	Teaching Scheme (Hours)				Evaluation Scheme								
		Th	Tu	P	Total	Theory				Practical (Marks)			Total	
						Sessional Exam		University Exam		Total	Pr/Viva	TW		Total
						Marks	Hrs	Marks	Hrs					
3AH01HPC1	Historical and Professional aspects of counseling	4	0	2	6	30	1.5	70	3	100	30	20	50	150

Course outline:

Unit No.	Course Content (Title of the Unit)	Minimum No. of Hours
0	Prerequisites	06 (Week)
1	History of and Trends in counseling 1) Definition of counseling 2) History of counseling in USA 3) Current trends in 21 century 4) counseling in the Indian context History and challenges	20
2	Personal and professional aspects of counseling 1) The personality and background of the counselor	19

	<ul style="list-style-type: none"> 2) Credentialing of counselors 3) Attributions and systematic frame work of counseling 4) Engaging in professional counseling related activities 	
3	<p>Ethical and legal aspects of counseling</p> <ul style="list-style-type: none"> 1) Definitions : Ethics ,morality and law 2) Making Ethical decisions 3) Educating Counselors in Ethical decision making 4) Ethics in specific counseling situation 5) Law and counseling 6) Legal aspects of counseling 7) Ethics and legal aspects of counseling in the Indian context 	19
4	<p>Counseling on Multicultural society</p> <ul style="list-style-type: none"> 1) Defining culture and Multicultural counseling 2) Difficulties In multicultural counseling 3) Issues in multicultural counseling 4) Counseling consideration with specific cultural group 	19
5	<p>Counseling with diverse populations</p> <ul style="list-style-type: none"> 1) Counseling aged populations 2) Gender based counseling 3) Counseling and sexual orientation 4) counseling and Spirituality 	19

Learning outcomes:

At the end of the course, students will be able to:

- Understand the History of and Trends in counseling
- Understand the Personal and professional aspects of counseling
- Understand the Ethical and legal aspects of counselling
- Understand the Counseling on Multicultural society
- Understand the Counseling with diverse populations

Recommended Reading:

Samuel, G., & Renu, K. (2018). *Counseling a Comprehensive Profession* (7th ed.). Noida: Person India Education Services Pvt. Ltd.

Somabhai Patel. (2001). *Salah Manovigyan*. Ahmedabad: University Granth Nirman Board .